

Mood BLANKET



Happy New Year!



We decided to try something a little different for 2023 - a mood blanket! (Of course, you can work this simple project up with temperatures, too.) Since so many of our members love Corner-to-Corner, we wanted to use this technique. You can make your blanket with sc, hdc, or dc - and with any weight of yarn you prefer! It's all up to you!

Before we begin, let's learn a little more about the process for this project.

1 What exactly is a Temperature Blanket (we'll get to the mood part in a moment)?

A temperature blanket's basic idea is to crochet (or knit) a row, round, or motif each day for a full calendar year. The colors used for those rows, rounds, or motifs correspond with the temperature outside.

2 What's a Mood Blanket?

A mood blanket follows the same general idea, only instead of crocheting a row using yarn that corresponds to the temperature, you use yarn that corresponds to your mood. For example, if you're sad, you might choose blue. If you're angry, red; if you're happy, yellow.

3 How do I choose my colors?

Color choice is entirely up to you! Rainbow color schemes are trendy for both versions - temperature and



mood. But you can use any color you prefer. Go for an ombre look if you think that would be cool. Or you can use whatever colors you have in your stash. There literally is no right or wrong when it comes to choosing colors for your project! Remember that this will be a pretty big project - you'll have to look at it daily. Make sure you choose colors you like!

4 How do I know what color to use on what day?

Once you decide on a general color palette for your project, you must choose how to break your temperature or mood gauge down. (We're including some helpful printables for this.)



If you're planning on making a temperature blanket, think about the area you live in - do your temperatures vary a lot? Or are they pretty consistent throughout the year? If you live in an area with many variabilities, you might want to break your temperatures down into groups of 10 degrees (0-10, 11-20, 21-30...). If you live in an area where the temperatures are pretty consistent and non-varying, you might want a smaller range, say 3-5 degrees. It all depends on your location.



Once you have your range set, assign a color to each section. Take some time to play around a little to make sure that you like your arrangement of colors. If you know your area is in the 60s for a large part of the year, make sure you choose a color you love for that section - there's going to be a lot of it!!



When it comes to moods, assign a color of your choice to how you feel. Think about your emotions - happy, sad, angry, jealous, anxious, creative, inspired, tired, thankful, annoyed... there are a lot.

5 What temperature

do I use?

You can use whatever temperature you prefer! You can use the day's

high, low, average, or “feels like” temperature. It’s absolutely up to you!

Do I have to use current dates? What if I want to make a blanket using temperatures from past years?

You can do either!! If you’re planning on using the temperatures for 2023, all you need to do is follow your local weather report. Jot each temp down on a sheet of paper (or create a spreadsheet on your computer) to keep track.

If you want to use past dates, there are several historical weather data sites out there. Here’s a great one:

[CLICK HERE](#)



6 What mood do I use?

Think about your day - how did you feel? If you felt mostly happy, then you can use your happy color. If you were anxious, use your anxious color. The choice is yours. Write down how you feel - maybe even keep a journal about how the act of crocheting changes your feelings. A mood blanket can be whatever you want it to be.

7 How much yarn

will I need?

That’s a tough question to answer! If you’re making a temperature blanket, take a peek back into your area’s historical weather trends. If you know there are a lot of mild days, then you are going to need more of your “mild” colors than you will of your “hot” or “cold” colors.

If you’re making a mood blanket, that might be harder to “math.” I don’t know how I will feel from one day to the next, so buying yarn might be tricky.

For either blanket style, make sure you choose a weight and fiber you’re comfortable with. Again, this might be a big project - you will be looking at it for a while! But with a C2C project, you can use any weight and any fiber.